

## Commission WCO Named 2000 DUI "Top Gun"

Last November, Commission WCO Michael Wheale (center) was recognized by the PA DUI Association at its annual conference in State College for his outstanding Boating Under the Influence (BUI) enforcement work patrolling the

Three Rivers in and around Allegheny County. WCO Wheale received one of the Association's "Top Gun" award plaques, presented by PA Attorney General Mike Fisher (right), and the Association's Treasurer Carl McKee. WCO Wheale also received an Intoximeter Alco-Sensor pre-arrest breath-testing device from the Association.



WCO Wheale has spent the past 20 years patrolling the Three Rivers, one of Pennsylvania's busiest boating areas, consisting of the Allegheny, Monongahela and Ohio rivers. This year alone he logged in over 400 hours working toward safer boating. Since 1985, when the Pennsylvania BUI laws were updated, WCO Wheale was instrumental in developing an aggressive BUI enforcement program in that area.

Through his cooperative working relationship with the news media and the Western PA Safe Boating Council, WCO Wheale has been successful in raising public awareness about BUI and other safe boating issues. The result continues to be safer boating on Pennsylvania Waterways.

## Fishin' from the Kitchen

### Panfish Pie by Wayne Phillips

photo-Wayne Phillips

Turn a catch of panfish into a remarkable fish pie.

#### Ingredients for four servings

- 2-3 cups cooked panfish
- 1 medium onion, finely diced
- 1 cup white sauce (recipe below)
- 1 large package fresh spinach, or 1 frozen package
- 2 cloves garlic, finely diced
- 2 medium sweet potatoes, baked and mashed
- 2 Tbsp. butter
- 1/4-cup maple syrup
- 1/4-cup chopped pecans (optional)



#### Procedure

To prepare the spinach layer, wash and pan fry spinach with chopped garlic in a little olive oil. Season with salt and pepper. Place cooked spinach in a colander so that it can drain. If using frozen spinach, thaw in a colander and add the garlic after briefly sauteing it. Chop the cooled, cooked spinach.

Bake the panfish and remove the bones from the flesh. Try to keep the fish pieces fairly large. This makes the finished pie better because diners get bite-sized chunks of fish instead of a mashed up fish layer.

#### For the white sauce: Yield about 1 cup

- 2 Tbsp. butter
- 2 Tbsp. flour
- 1 cup milk
- Salt and pepper to taste

To make the white sauce, melt butter in microwave. Stir in flour and return to microwave to cook briefly. Add milk and cook in microwave until thickened, stirring a couple of times

to keep sauce smooth. Add salt and pepper to taste.

With the white sauce made, saute diced onions in teaspoon or two of oil or butter. When cool, add onions and fish to the white sauce. Gently blend together, avoiding breaking up the pieces of fish as much as possible.

Bake sweet potatoes in a 350-degree oven until tender. When cool enough to handle, peel and mash. Add butter, maple syrup and chopped pecans.

To assemble dish, spray or lightly oil a 1 1/2-quart casserole dish or four individual dishes. Spread spinach over the bottom. Add fish in white sauce and top with layer of mashed sweet potatoes. Bake in a 350-degree oven until heated through.

#### Serve

Make the pie in a large casserole dish and serve family-style or bake individual pies and serve one to each diner.

This is a complete meal in itself, but fresh cornbread is wonderful with it.

## Notice to Subscribers

Act 1982-88 provides that certain records of the Pennsylvania Fish & Boat Commission are not public records for purposes of the Right-to-Know Law. This means that the Commission can place conditions on the release of such records. The Commission makes the subscriber list for *Pennsylvania Angler & Boater* available to statewide nonprofit, nonpartisan fishing, boating and sportsmen's organizations for nonprofit, noncommercial organizational purposes under limited circumstances.

If you do not want your name and address included on the subscriber mailing list to be made available to the described organizations, you must notify the Commission in writing before **February 15, 2001**. Send a postcard or letter stating, "Please exclude my name and address from *Pennsylvania Angler & Boater's* subscriber mailing list." Send these notifications to Eleanor Mutch, PA & B Circulation, P.O. Box 67000, Harrisburg, PA 17106-7000, or e-mail your notification, including your name and address, to [emutch@state.pa.us](mailto:emutch@state.pa.us).