



The Pennsylvania Steelhead Association recently presented a \$1,500 grant to the Wesleyville Conservation Club for construction of a new raceway at the club's hatchery in North East. The new raceway will let the hatchery raise an additional 5,000 fingerling steelhead each year. The club will now be able to raise a total of 10,000 to 12,000 fingerlings for stocking in Erie County's public fishing waters. The club is a part of the Commission's Cooperative Nursery Program. The check presentation included (from left) Roy Tenny, Wesleyville Conservation Club member and Pennsylvania Steelhead Association director; Robert Einodshofer, Pennsylvania Steelhead Association director; Ron Dombrowiak, Wesleyville Conservation Club president; and Don Meehl, Wesleyville Conservation Club raceway manager.

Fishin' from the Kitchen

Zingy Lime Panfish Fillets

by Wayne Phillips

Turn panfish fillets in something extra special by adding zingy lime zest to a breadcrumb coating.

Ingredients for four servings:

- ✓ Boneless panfish fillets for 4
- ✓ 4 slices fresh whole wheat bread
- ✓ 2 limes, zest only
- ✓ Salt and black pepper
- ✓ Butter
- ✓ Canola oil

Procedure

Cut fillets into pieces of even thickness. Remove zest from limes using a zester or microplane. Dice bread and pulse with lime zest in a food processor until crumbs are fairly fine. Pat fillets until dry, and season with salt and black pepper. Press breadcrumbs onto them. Pan fry in a mixture of half butter and half canola oil.

Drying the fillets assists the breadcrumbs in sticking to the fish. Wet fillets cause the breadcrumbs

to become soggy and prevents their browning. Cutting fillets into slices of even thickness prevents overcooking thinner fillet sections.

Frying fish in fresh breadcrumbs makes a crisper, better tasting coating on fish. Fresh crumbs help prevent the fish from drying out and stick to the fish without the use of an egg wash.

Serve

Serve with a wedge of lime for extra lime flavor. Cheesy mashed potatoes and steamed broccoli make good side dishes.



photo-Wayne Phillips

Musky Stocking Changes

Last October, Chapter 50 of Muskies, Inc., released 500 muskellunge into Marsh Creek Lake, Chester County. The stocking fulfills a club goal to improve muskellunge fishing at the lake and furthers the club's partnership with the Commission.

The Commission has historically stocked Marsh Creek Lake biennially with tiger muskellunge. Success of the tiger muskellunge stocking program and musky anglers' interest in Marsh Creek Lake has led the Commission to include Marsh Creek Lake in the statewide list of "Enhanced Waters." In this case, the enhancement will be that annual tiger muskellunge stocking will replace biennial stocking.

Present at the lake for the stocking were members of MI50, Waterways Conservation Officer Robert J. Bonney, Area 7 Fisheries Technician Bryan Chikotas, and Marsh Creek State Park manager Delores Nygard.

MI50 was founded just three years ago and has grown to a membership of over 60 dedicated anglers from Pennsylvania and New Jersey. The club is dedicated to educating youth and bettering the quality of angling throughout the area.

For information on MI50, visit www.MI50.com. For more details on the new muskellunge regulations for 2007, visit the Commission's web site, www.fish.state.pa.us.



photo-Alice Sitt