

## Pittsburgh's Three Rivers Pages

The Commission's "Pittsburgh's Three Rivers" web pages offer a ton of information on fishing in and around Pittsburgh. The pages include articles from *PA Angler* & *Boater* magazine on fishing the Three Rivers, an interactive GIS map showing which waters have warmwater and coolwater species, lists of where warmwater and coolwater fish have been stocked, links to the area's fishing and boating regula-

tions, fisheries management reports for waterways that Commission biologists have examined, and information on the Commission's Three Rivers Ecological Research Center. The pages also include links to related web sites. Reach the Commission's Pittsburgh Three Rivers pages by entering this address into your browser: [www.fish.state.pa.us/water/rivers/3rivers/00\\_3river.htm](http://www.fish.state.pa.us/water/rivers/3rivers/00_3river.htm)

## Abele Conservation Scholarship Fund

The Ralph W. Abele Conservation Scholarship Fund was established as a continuing memorial after retired Commission Executive Director Ralph W. Abele's death. Ralph Abele's life was marked by extraordinary dedication to conservation and education.

Gifts to the scholarship fund may be made by check payable to the "Ralph W. Abele Conservation Scholarship Fund" and sent to RWA Scholarship Fund, c/o PA Fish & Boat Commission, P.O. Box 67000, Harrisburg, PA 17106-7000.

The fund's first Ralph W. Abele Conservation Scholarship was awarded in 1991. Since then the fund has provided about \$10,000 in scholarships of \$1,000 and \$500 awards. These scholarships assist worthy young men and women in pursuing their education at approved institutions of higher learning in one of the environmental disciplines, such as fisheries, forestry, ecology, wildlife management, and environmental resources management.

The scholarship fund is an IRS-recognized organization to which tax-deductible donations may be made. The RWA Scholarship is a private, nonprofit organization, and its board of directors consists exclusively of unpaid volunteers. The fund is not officially related to the Pennsylvania Fish & Boat Commission.

For more information, including applicant qualifications, on the Pennsylvania Fish & Boat Commission's web site visit [www.fish.state.pa.us/images/people/abele/schol\\_fund.htm](http://www.fish.state.pa.us/images/people/abele/schol_fund.htm).



*Executive Director Ralph W. Abele in 1985*

Photo: PIBC Archives

## Fishin' from the Kitchen

### Panfish Cakes

by Wayne Phillips

Turn a mess of panfish like perch and bluegills into extra tasty fish cakes that people will enjoy.

#### Ingredients for four servings:

- ✓ 2 cups cooked panfish with bones removed
- ✓ 2 cups mashed potatoes
- ✓ 4 green onions, finely sliced
- ✓ 2 eggs, beaten
- ✓ 3 Tbsp. fresh dill, finely chopped
- ✓ 1 tsp. lemon zest
- ✓ Juice of a lemon
- ✓ Salt and black pepper
- ✓ 2 Tbsp. each butter and canola oil for frying

#### Procedure

After removing the entrails and scaling, bake the panfish in a 350-degree oven until cooked. When cool, remove the bones and skin. Boil the potatoes and mash them. Combine the potatoes, green onions, dill, lemon zest and beaten egg. Gently mix in the cooked perch. Season the mixture with salt and black pepper. Form into patties, cover and refrigerate for 1 to 2 hours. Pan-fry in butter and oil over medium heat until golden brown.



photo: Wayne Phillips

#### Serve and Hints

Carrot rounds and crunchy coleslaw complete this comforting winter meal.

For more color and extra flavor, add kernel corn, peas or diced red bell pepper to the panfish cakes. Instead of dill, try tarragon, thyme or parsley. You can also coat the cakes with bread crumbs or cornmeal if you wish.

**Note:** You can make fish cakes out of any kind of fish. With stronger fish, make your mashed potatoes more flavorful by adding grainy mustard or horseradish. Yukon Gold or sweet potatoes give you an extra colorful fish cake.