

More on Life Jackets

Life jackets must be U.S. Coast Guard-approved for the activity in which you are using them. Not all life jackets are good for all activities. Read the label on the life jacket to

make sure your life jacket is the correct type.

Check your life jacket for any tears or broken buckles. If it needs repaired, it is no longer good.



Touchdown Test

If your life jacket is in good shape, then it is time for the "Touchdown Test" to make sure it properly fits.

1. Put on your life jacket. Make sure all the buckles and zippers are secure.
2. Raise your arms above your head, as if you are signaling a touchdown.
3. Have an adult lift your life jacket straight up by the shoulders.
4. If the life jacket stays in place, goal!
5. If the zipper touches your nose or if the life jacket almost comes off, the life jacket is too loose. You will need to get a different life jacket.

www.WearItPennsylvania.com



A Little About Licenses

Anglers 16 years of age and older must have a fishing license. A license can be bought at most stores that sell fishing equipment. Licenses are also available online through PFBC's website at www.GoneFishingPA.com.

Youth under the age of 16 can obtain a Voluntary Youth Fishing License or a Mentored Youth Fishing Permit. A Voluntary Youth

Fishing License provides dedicated funding for youth outreach and education programs.

Anyone who purchases a license also has the option to order a collectible license button, which can be worn on your vest or hat, and meets the display requirement of the fishing license. Each year's button is unique, like you. Start your collection today and have something to share with future anglers.

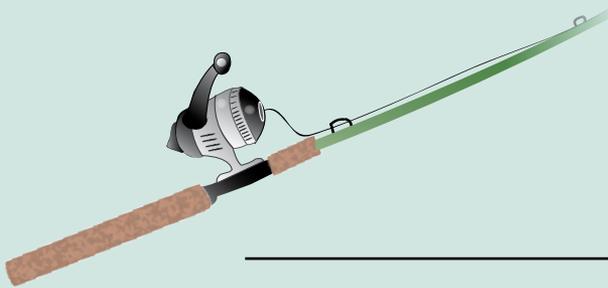


Gather Your Gear

There are two rod and reel outfits for beginners: **spincasting** and **spinning**. The **spincasting** outfit is held with the reel facing upward. A push button releases the line. A **spinning** outfit is held with the reel hanging below the rod handle. The angler's pointer finger releases the line.

Write in the name of each type of outfit on the blank line next to each picture below.





There are many types and sizes of hooks, but the most common are the single hook and the treble hook. A treble hook is made up of three single hooks. **Circle the treble hook.**



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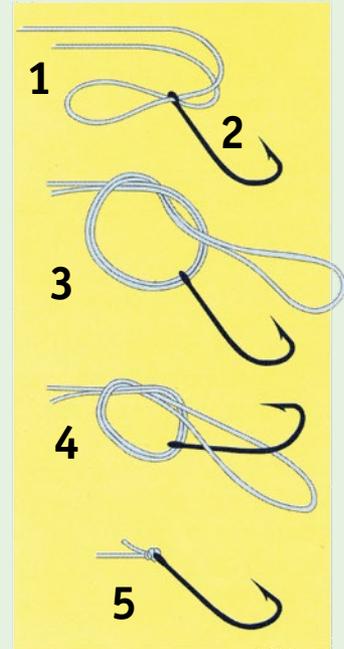
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There are two types of knots that most anglers use to attach a hook to the line—the **palomar** and **improved clinch**. **Practice making these knots at home.**

Palomar

1. Make a loop of 4 inches or so of line.
2. Put the loop through the hook eye.
3. Tie an overhand knot with the loop. The hook should dangle from the middle of the knot.
4. Pull the loop over the hook.
5. Pull both lines to tighten.



Improved Clinch

1. Thread the line through the eye and double back on the line.
2. Wrap the loose end around the line to the reel five times.
3. Thread the loose end through the first loop above the eye.
4. Thread the loose end through the big loop made in step 3.
5. Pull tight.

