



A&E Portal Education Packages:

Are you looking for virtual learning resources on Basic Paddling? The Pennsylvania Fish and Boat Commission (PFBC) can help. Our Activities and Education Portal (A&E Portal) offers a variety of material on ten different topics to keep people of all ages interested in learning more about aquatic conservation and getting outdoors!

Whether you are building a STEM-, STEAM-, or STREAM-based curriculum, you can use the A&E Portal to support PA State Academic Standards for Environment and Ecology, and Health, Safety, and Physical Education.

Basic Paddling-

Kayaking Water Safety Tips video- [PFBC Water Safety Tips- Kayaking - YouTube](#)

In this video, you will learn about equipment that is required, as well as other equipment you should bring to make your trip more comfortable and enjoyable.

PLAY newsletter-Back to the Basics: Water Safety for Paddlers- [play-2010-BacktoBasicsPaddlingWaterSafety_Allpages.pdf \(fishandboat.com\)](#)

PLAY issue that discusses Paddling in Cold Water; Taking the Big Plunge; Hazards on the Water; Reading a River; Following the Rescue Sequence; How to Use a Throw Bag; and The Rescue Game Crossword Puzzle.

Activity- Gear Games- [play06gear.pdf \(fishandboat.com\)](#)

These activity pages help you pack for a paddling trip and complete a word scramble to reveal a secret message.

ADDITIONAL RESOURCE- Personal Flotation Devices brochure- [brochure.pdf \(fishandboat.com\)](#)

This resource provides you with additional information about life jackets, also known as PFD's. While the US Coast Guard no longer uses the Type I-V labelling, as shown in this brochure, the information is still very helpful to beginner paddlers.