



To: Water Rescue and Emergency Response Instructor Candidates

From: Chris A. Calhoun – Course Coordinator

Date: 6/5/2023

Re: Course Information

Dates, Times, and Location of Training:

JULY 14-16, 2023

- Friday – Classroom - **Start time 9:00 am** – BELLEFONT, PA
- Saturday – Classroom and pool session
- Sunday – Classroom and outdoor practical

Course Focus: The three days of training will teach you how to instruct the standardized water rescue curriculum of the Pennsylvania Fish and Boat Commission. The course will provide an overview of each curriculum and instruct participants in teaching techniques and tools used to deliver the program in the classroom, pool and outdoor practical sites. Instructor trainers will evaluate your technical water rescue skills and focus on improving these skills to instructor level proficiency.

Students will understand the importance of preplanning and the significant logistical demands required for the delivering these courses. They will learn how to prepare and manage risks associated with the training. Management of course records (legal documents, evaluations, and other administrative requirements) of your Authority Having Jurisdiction (AHJ) will also be addressed.

Training Course Overview: This three-day course will instruct the student how to teach the following Pennsylvania Fish and Boat Commission (PFBC) water rescue curriculums:

- Water Rescue Awareness for the First Responder – 1670 Awareness Level
This classroom course is for anyone who may respond to a water emergency. Topics include scene assessment, activation of the Emergency Response System, evaluation of potential and existing water hazards, scene management, rescue vs. recovery, and personal safety measures.
- Water Rescue and Emergency Response – 1670 Operations Level
Classroom and practical hands-on training includes: planning, medical considerations, rescue equipment, self-rescue and shore-based rescue techniques. Students must demonstrate teaching competency in the classroom, pool and outdoor practical sessions. They must also demonstrate all practical skills at instructor level proficiency.
- YouTube video clip of WRER training: <http://youtu.be/Iy3t9UWvStg>

Prerequisites:

- Water rescue training - PFBC Water Rescue and Emergency Response or equivalent (Rescue 3 or other nationally recognized program)
- CPR and first aid training
- Teaching experience in EMS, rescue, fire, or similar discipline

Course Cost:

- PA Resident - \$450
- Out-of-State - \$550

Lodging and Meals:

- Dormitory style (3/room) lodging is available. **Sheets, towels and pillows are NOT provided...you must bring your own if you want to stay at Stackhouse.**
- Bring personal hygiene items (soap, shampoo, toothpaste, toothbrush, etc.).
- Bring personal first aid needs (medications, inhalers, EpiPen, etc.)
- The following meals are provided – Friday L/D - Saturday B/L/D – Sunday B/L
- You are responsible for fluids and snacks at the pool and outdoor practical session.

Instructor Level Swim Test Standard:

- 200 yards unaided swim – (should demonstrate all four strokes – American Crawl, Breast, Side and Back Stroke) – 12 minutes
- 100 yards full clothed (long pants and T- shirt) and PFD and helmet – 8 minutes
- Tread water – 10 minutes
- Note: swimming proficiency will be evaluated at the pool session. ***If unable to pass swim test, student WILL NOT be permitted to participate in training. Please train and condition prior to the course!!!***

Health and Safety Plan – Information will be provided prior to training. Plan will follow universal health mandates and guidelines at time of training.

Location of Training:

Physical Description	Latitude	Longitude
PFBC – Stackhouse Training Facility 1150 Spring Creek Road Bellefonte, PA 16823 Phone: 814-355-4159	40°52'48.70"N	77°47'34.60"W

Student Equipment Requirements:

- Customized U. S. Coast Guard approved PFD Type III or V with knife, 2 locking carabineers, and whistle
- Water rescue helmet – must provide front, side, and back of head protection
- Appropriate thermal protection for weather and environmental conditions:
 - **Mandatory - Dry suit** (Note: cold water exposure, immersion, survival and ice rescue suits are prohibited for moving water)
 - Thermal layering under dry suit - inner wicking material (i.e. polypropylene) - Middle insulation material (i.e. polyester)
- Hand protection for working with rope - neoprene gloves
- Feet protection – river sneakers or neoprene water rescue boots with synthetic or wool blend socks
- Straps for glasses
- Pool session – swim suit, pants and T-shirt
- Fluids (water or sports drink)
- Food (high energy snacks)
- Sun screen – SPF 30 minimum recommended
- Personal items (first aid needs (i.e. inhalers, EpiPen, hygiene items, etc.)
- Towel
- Gear bag and large garbage bag to hold wet items

If you have any questions regarding the training, please contact me at 724.287.8711 ext. 8238 or by email chris.calhoun@bc3.edu (include in the subject line of the email **water rescue training** – I will not open email from unknown senders because of email virus concerns).



NON-CREDIT REGISTRATION FORM
(PLEASE PRINT)

LAST NAME FIRST NAME MI

STREET ADDRESS CITY

STATE ZIP CODE COUNTY OF RESIDENCE

DATE OF BIRTH SEX M/F

() ()

HOME PHONE WORK PHONE

E-MAIL ADDRESS (RECEIVE SCHEDULE UPDATES/EVENT NEWS)

SIGNATURE DATE

IS THIS YOUR FIRST CLASS AT BCCC? YES NO

ARE YOU A PERMANENT* RESIDENT OF PA? YES NO
(*LIVED IN PA FOR THE LAST 12 MONTHS)

PLEASE ENROLL ME IN THE FOLLOWING NONCREDIT COURSE/WORKSHOP/SEMINAR

Table with 2 columns: COURSE # and COURSE TITLE. Rows include PA Resident and Out-of-State course details for Water Rescue and Emergency Response Inst. July 14-16, 2023.

PA Resident \$450.00 Out-of State \$550 (check made payable to BC3)
Attached is my check payable to BC3 Attached is my check payable to BC3

Charge to my: VISA MasterCard Discover Card American Express
Account Number
Expiration Date
Signature

Send all pre-requisite information and payments to:
Butler County Community College
Attn: Maria Chvala
PO Box 1203
Butler, PA 16003-1203
Phone: 724.287.8711 ext. 8355 Fax: 724.284.8548
Email: maria.chvala@bc3.edu

03/05 BC3 IS AN EOE/AA INSTITUTION