



To: Ice Rescue and Emergency Response Instructor Candidates
 From: Chris A. Calhoun – Course Coordinator
 Date: 1/9/2023
 Re: Course Information and Registration Form

Training Course Overview:

This two-day course will instruct the student how to teach the following Pennsylvania Fish and Boat Commission (PFBC) water rescue curriculum:

- **Ice Rescue and Emergency Response – 1670 Technician Level** - Classroom and practical hands-on training includes: how to evaluate and respond to ice related emergencies, how to identify ice conditions, use of ice rescue equipment and ice rescue techniques (self, shore, boat, and direct contact) Students must demonstrate teaching competency in the classroom, pool and outdoor practical sessions. They must also demonstrate all practical skills at **technician instructor** level proficiency.

Dates and Times:

FEBRUARY 4-5, 2023

- 2/4/2023 (Saturday) – Classroom and pool session (**Start time 8:00 am**)
- 2/5/2023 (Sunday) – Classroom and outdoor practical

Location of Training:

Physical Description	Latitude	Longitude
PFBC – Stackhouse Training Facility 1150 Spring Creek Road Bellefonte, PA 16823 Phone: 814-355-4159	40°52'48.70"N	77°47'34.60"W

Course Cost:

PA Resident - \$450	Out-of-State - \$550
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Prerequisites:

Student prerequisites include:

- Water Rescue and Emergency Response Instructor
- Ice Rescue and Emergency Response (basic) or equivalent nationally recognized ice rescue training program
- CPR and first aid training

- Teaching experience in EMS, rescue, fire, or similar discipline.
- **Copies of certifications must be sent with application**

Swim Test Standard

- 100 yards unaided swim – any stroke (should demonstrate all four strokes) – 6 minutes
- 100 yards full clothed (long pants and T- shirt) and PFD and helmet – 8 minutes
- Tread water – 10 minutes
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Health and Safety Plan – Information will be provided prior to training. Plan will follow universal health mandates and guidelines at time of training.

Lodging and Meals:

- Dormitory style (3/room) lodging is available. **Sheets, towels and pillows are NOT provided....you must bring your own if you want to stay at Stackhouse.**
- Bring personal hygiene items (soap, shampoo, toothpaste, toothbrush, etc.).
- Bring personal first aid needs (medications, inhalers, EpiPen, etc.)
- The following meals are provided – Saturday B/L/D – Sunday B/L
- You are responsible for fluids and snacks at the pool and outdoor practical session.
- **NOTE - if health requirements restrict lodging at the training facility, the student must obtain local lodging. Student is responsible for all external lodging costs.**
- **Student can also opt to use local lodging as opposed to staying at Stackhouse. Student is responsible for all external lodging costs.**

Hazards of Training:

Students must be prepared to engage in strenuous activities in **extreme weather and water conditions**. Students must be able to swim. If a student has a known medical condition that could foreseeably jeopardize his/her safety during participation or be aggravated by participation, **the student should not participate**.

Water Hazards:

- Cold, deep, and ice covered - water obstructions (i.e. rocks, strainers, free floating debris, etc.) - other water users (fishing and boating) – please be courteous.

Environmental Hazards:

- Uneven walking surface and loose debris - slippery rocks, steep slopes, and shoreline - poisonous plants, animals, and insects - traffic

Weather Hazards:

- Temperature – hot (hyperthermia) or cold (hypothermia) - Storms – lightening (all training will stop until storm has passed). Students will be directed to shelter. Rain, snow or hail may or may not stop training exercise. Weather emergencies will be handled at the discretion of the instructor/trainers. Sun – risk of sunburn.

Student Equipment Requirements:

- Customized US Coast Guard approved PFD with knife, 2 locking carabineers and whistle
- Water rescue helmet - **must provide front, side, and back of head protection**
- Appropriate thermal protection for weather and environmental conditions:
 - **Mandatory – Dry suit or ice rescue suit**
 - Thermal layering under dry suit - inner wicking material (i.e. polypropylene) - Middle insulation material (i.e. polyester)
- Pool session clothing - swim suit and towel
- Hand protection - neoprene gloves
- Feet protection – appropriate thermal protection for snow and ice conditions
 - Ice cleats recommended
- Straps for glasses
- Fluids (water or sports drink) and food (high energy snacks)
- Sun screen – SPF 30 minimum recommended
- Personal items (first aid needs (i.e. inhalers, epi pen), hygiene items, etc.)
- Gear bag to hold wet items

If you have any questions regarding the training, please contact me at 724.287.8711 ext. 8238 or by email chris.calhoun@bc3.edu (include in the subject line of the email **water rescue training** – I will not open email from unknown senders because of email virus concerns).



**NON-CREDIT REGISTRATION FORM
(PLEASE PRINT)**

LAST NAME **FIRST NAME** **MI**

STREET ADDRESS **CITY**

STATE **ZIP CODE** **COUNTY OF RESIDENCE**

DATE OF BIRTH **SEX M/F**

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HOME PHONE **WORK PHONE**

E-MAIL ADDRESS (RECEIVE SCHEDULE UPDATES/EVENT NEWS)

SIGNATURE **DATE**

IS THIS YOUR FIRST CLASS AT BCCC? YES NO

ARE YOU A PERMANENT* RESIDENT OF PA? YES NO
(*LIVED IN PA FOR THE LAST 12 MONTHS)

PLEASE ENROLL ME IN THE FOLLOWING NONCREDIT COURSE/WORKSHOP/SEMINAR

	COURSE #	COURSE TITLE
	#160038/46375	PA RESIDENT: Ice Rescue and Emergency Response Inst.
	#160038/46376	OUT-OF-STATE: Ice Rescue and Emergency Response Inst.

Attached is my check payable to BC3 **Out-of State \$550** (check made payable to BC3)
PA Resident \$450.00

Charge to my: VISA MasterCard Discover Card American Express
Account Number _____
Expiration Date _____
Signature _____

Send all pre-requisite information and payments to:

Butler County Community College
Attn: Maria Chvala
PO Box 1203
Butler, PA 16003-1203
Phone: 724.287.8711 ext. 8355 Fax: 724.284.8548
Email: maria.chvala@bc3.edu

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