

## **A&E Portal Packages- Basic Paddling:**

Are you an educator, parent, or beginner paddler looking for virtual learning resources on basic paddling? The Pennsylvania Fish and Boat Commission (PFBC) can help. Our Activities and Education Portal (A&E Portal) offers a variety of material on ten (10) different topics to keep students of all ages interested in learning more about aquatic conservation and getting outdoors!

What follows is a Basic Paddling Sample Package that we have pulled together for you. Use ours or create your own, here: <https://bit.ly/AEPortalLandingPage>

### 1. VIDEO– Kayaking Water Safety Tips

YT: <http://ow.ly/3OmN50DKdIY>

FB: <http://ow.ly/NwT650DKdIZ>

In this video, you will learn about equipment that is required, as well as other equipment you should bring to make your trip more comfortable and enjoyable.

### 2. PLAY newsletter- Paddling Water Safety- <http://ow.ly/dOl150DKdIX>

PLAY issue that discusses Water Safety For Paddlers; Taking the Big Plunge; Hazards on the Water; Reading a River; Following the Sequence, The Rescue Sequence; Throw a Bag; and The Rescue Game (Crossword Puzzle)

### 3. ACTIVITY- The Gear Game- <http://ow.ly/8YRY50DKdJ0>

This activity helps you pack for a paddling trip and includes a fun word scramble of paddling terms.

### 4. ADDITIONAL RESOURCE- Personal Flotation Devices- <http://ow.ly/mtJy50DKdJ2>

This brochure describes types of PFDs and their use. Also includes legal requirements.