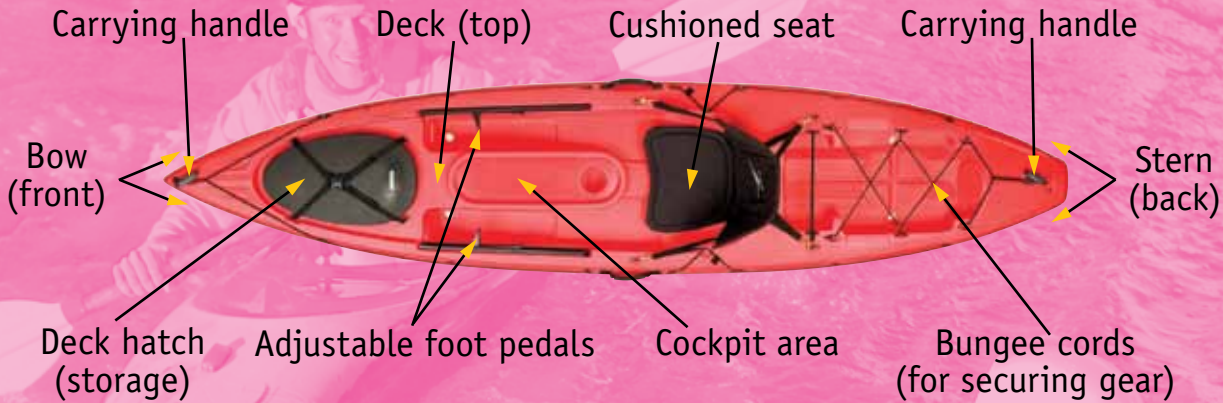


# Boat Notes: Kayaks



Kayaking is a popular activity.

Some people kayak to get close to nature. Other people kayak for exercise, adventure or relaxation. Let's look at how kayaking gear is different than canoeing gear.



There are several types of kayaks:

## \* RECREATIONAL



Stable, great for beginners.  
Use on flatwater.

## \* SIT-ON-TOP



Easy to enter and exit, good for beginners.  
Use on flatwater and ocean use.

## \* TOURING



Long and stable, good for experienced users.  
Use on long trips on flat or rough water

## \* WHITEWATER



Turn easy, only for experienced users.  
Use on fast water and rapids.