

Sundown Safety: Playing It Safe at Night

Never go alone, take a buddy.

- **Lights**—bring a flashlight (or two) and some extra batteries. Headlamps or headlights that clip on your hat, for hands-free light, are very handy.
- **First Aid Kit**—carry a good first aid kit and know how to use it.

- **Warm Clothes**—it can get cold at night, even in the summer. Dressing in layers will keep you comfortable.
- **Insect Repellent**—you can skip the sunscreen. Just be sure to replace it with some bug repellent.

Boat Safety

- **Life Jacket (Personal Flotation Device or PFD)**—a life jacket can save your life if you fall into the water. Wear it! Take the **Wear It Pennsylvania!** pledge at www.WearItPennsylvania.com.
- **Boat Lights**—make sure your navigation lights are in working order. All vessels must show required running lights between the hours of sunset and sunrise and during periods of restricted visibility, such as fog and heavy rain.
- **Sounding Device**—Motorboats less than 12 meters in length (about 40 feet) must carry some mechanical means of making a sound signal. This device may be hand-, mouth- or power-operated. An athletics coach's whistle is acceptable. Larger motorboats more than 12 meters in length must carry a whistle or bell.

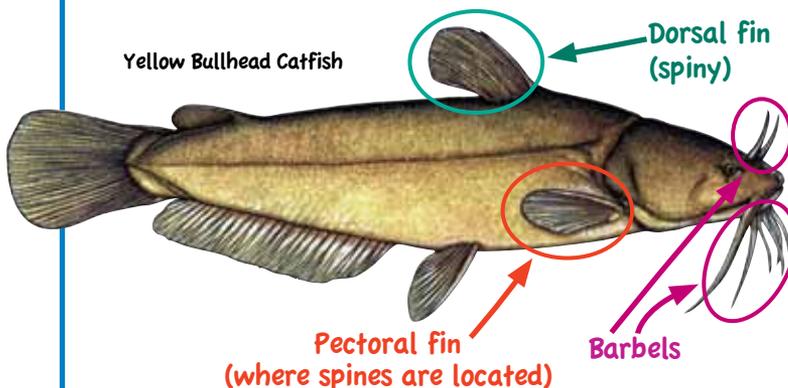


Operators of unpowered boats are required to carry a device such as an athletic whistle capable of making a prolonged blast that can be heard by another boat operator in time to avoid a collision.

- **Weather**—Check the weather to make sure there is no fog or storms looming.

For more information on boating regulations, see your *Pennsylvania Boating Handbook*.

Handling Catfish



Catfish have a sharp spine on each of their two pectoral fins and on the dorsal fin. A good way to avoid these spines is to hold the catfish with your thumb behind the pectoral fin on one side. On the other side, place your "pointer finger" in front of the other pectoral fin and the rest of your fingers behind it. The barbels (whiskers) are not sharp and do not sting.