

Casting with a Friend



Teaching a friend to cast a fishing rod can be a fun activity to learn and make you a safe angler on the water.

To get started, you can begin in a backyard that is

open and clear of trees. Set up a casting target. Hula-hoops or big buckets make nice targets for beginners.



Rig your rod with a **casting plug** or a weight to practice casting.



How to Cast a Fishing Rod

1. Push the button in, and point your rod at the target.
2. Draw the rod back over your shoulder, just past a vertical position.
3. Allow the rod to flex.
4. Swing the rod forward toward your target.
 - a. As the rod comes forward, take your thumb off the button
 - b. The line will release and head towards the target
5. Remember to follow through to your target. The motion should be nice and easy. Don't "whip" the rod.
6. Switch to a smaller target when you can hit the hula-hoop each time.

