

Boating Safety First

Like motorboats, human-powered boats must obey boating safety laws and regulations.

The following safety equipment must be on board your human-powered boat:

- A life jacket in good condition that fits correctly and is United States Coast Guard-approved
- A whistle in case you need to call for help
- A flashlight to use as a navigation light if you will be out at night

If you rented the boat, make sure you are given the necessary equipment.



Some other important equipment you should take while on a human-powered boat:

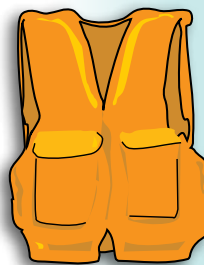
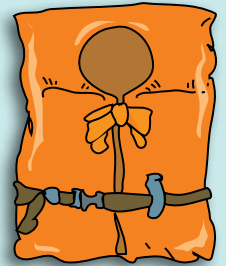
- Cell phone
- Extra paddle in case one breaks or is lost
- Extra clothes in case you get wet or cold
- Food and water to give you energy and keep you hydrated
- Sunscreen and sunglasses to protect yourself from the sun
- A waterproof container or dry bag to keep your extra clothes and other things dry
- First aid kit
- Small container that can be used to scoop water out of the boat (bailer)
- Throwbag or extra line
- For night boaters: a spare flashlight or extra batteries

Wearable Life Jackets



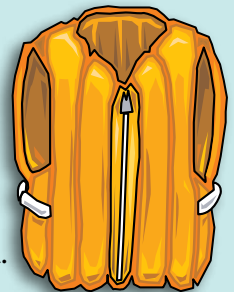
Off-shore life jackets provide over 20 pounds of buoyancy, designed to turn an unconscious person face-up.

Near-shore buoyant vests provide a minimum 15.5 pounds of buoyancy, designed to turn an unconscious person face-up.



Flotation aids provide a minimum 15.5 pounds of buoyancy, not designed to turn an unconscious person face-up; more comfortable for water sports.

Special-use devices must be used in accordance with any requirements on the approval label.



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