

New Boat Slides Installed at Lake Gordon and Lake Koon

The City of Cumberland, MD, owns Lake Gordon and Lake Koon in Bedford County, PA. Both lakes, which are drinking water suppliers, have problems with mussels. Consequently, no one is allowed to back boat trailers into either lake.

Previous boat slides in both lakes were in bad shape and almost unusable. The Pennsylvania Fish & Boat Commission's Bureau of Engineering and Design determined that a plastic material would work best

for constructing the new boat slides and worked with Bedford Reinforced Plastics, Inc., to cost-effectively replace the existing boat slides.

Bedford Reinforced Plastics, Inc., provided the design for the boat slides, supplied the materials at a discount, and fabricated and delivered the boat slides to the sites at no additional cost. The Pennsylvania Fish & Boat Commission's Construction Section installed the boat slides in the lakes.



Boat slide installed at Lake Gordon, Bedford County.

photo-Spring Gerrhart

Fishin' from the Kitchen

Grilled Largemouth Bass with Herb Yogurt

by Wayne Phillips

Celebrate summer by dining on grilled largemouth bass topped with oregano and lemon laced yogurt sauce.



photo-Wayne Phillips

Ingredients for four servings:

- 1 cup plain unsweetened yogurt
- 1 to 1½ tsp. dried oregano
- 1 lemon, juice and zest
- 1 Tbsp. extra virgin olive oil
- 4 boneless, skinless largemouth bass fillets
- 2 Tbsp. canola oil
- Salt and white pepper to taste

traditional Greek salad composed of bell peppers, cucumber, tomatoes, black olives and feta cheese dressed with lemon juice, extra virgin olive oil and dried oregano.

Procedure

Combine yogurt, dried oregano and lemon juice and zest. Season the yogurt mixture with salt and white pepper. Allow 30 minutes for flavors to combine. Rub fish with canola oil and season with salt and white pepper. Lightly wipe grill with canola oil. Grill fish until it is just cooked through.

Hints

Use a non-sweetened, non-flavored style yogurt. It has a tangy acidity that compliments the natural sweetness of largemouth bass perfectly.

Yogurt adds a pleasant tangy richness to fish without adding all the calories of sour cream. Combining fresh herbs and citrus fruits with yogurt brings another dimension to this sauce. Other flavor options include orange and tarragon, lemon and dill or lime and cilantro.

Serve

Spoon some of the flavored yogurt over the fish. Serve with a

Decree Parties Take Steps to Improve Delaware River Flow Plan

Modifications to the Delaware River flow plan by the parties to the 1954 U.S. Supreme Court decree on the Delaware River represent a modest step toward meeting the needs of fish and aquatic organisms.

“Recent developments by the Decree parties to begin increasing seasonal releases and to eliminate harmful flow fluctuations represent positive movement toward the Commission’s goal of optimizing the fishery by better management of water for downstream uses,” said Pennsylvania Fish & Boat Commission Executive Director Douglas Austen.

Pennsylvania, New York City and other states in the Delaware River Basin have reached two agreements regarding the flow plan that governs New York City and Delaware Basin reservoir diversions and releases.

The first agreement attempts to improve protection of trout from the stresses of high temperatures in the West Branch of the Delaware River by marginally increasing cold water releases this summer from New York City’s Cannonsville Reservoir during the period from June 1, 2009 through August 31, 2009.